



Health Enhancement K-12 (Health and Physical Education Teaching)

Suggested Curriculum by Semester 2023-2024

All classes must be completed with a C or better and a 3.0 GPA in all teaching majors, minors, & options.

Freshman Year

Fall		Spring	
Course	Cr	Course	Cr
EDU 223IS – Ed Psych and Adolescent Development	3	COA 205 – Introduction to Coaching	3
HEE 242 – Intro to Teaching Health Enhancement	2	HEE 200 – K-12 Motor Learning Development	3
M 105Q – Contemporary Math (Must test into <i>Math Level 150</i> via EdReady or ACT/SAT to register)	3	HEE 205 – Methods of Teaching Rhythm and Movement	2
WRIT 101W – College Writing I	3	HEE 311 – Teaching Cooperative Games and Fitness Activities	2
University Core (US)	3	HTH 220 – Human Sexuality	3
		University Core (IA/IH/IN)	3

Sophomore Year

Fall		Spring	
Course	Cr	Course	Cr
EDSP 306 – Exceptional Learners	3	CHTH 205 – Drugs and Society	3
EDU 211D – Multicultural Education	3	EDU 347 – Managing the Learning Environment	2
HEE 295 – Homeschool Program Practicum	1	EDU 370 – Integrating Tech into Education	3
HEE 303 – Methods of Lifetime Fitness Activities	2	EDU 382 – Assessment, Curriculum, Instruction	3
HEE 304 – Methods of Team Sports	2	HEE 295 – Homeschool Program Practicum	1
NUTR 221CS – Basic Human Nutrition	3	KIN 221 – Health Anatomy & Physiology	3
University Core (IA/IH/IN)	3		

Junior Year

Fall		Spring	
Course	Cr	Course	Cr
HDFS 371 – Research Methods in HHD	3	COA 405 – Advanced Concepts in Coaching	3
HEE 195 – Pre-Practicum Class in Health Enhancement	1	EDM 306 – Methods: K-4 Health Enhancement	3
HEE 340 – Methods of Health Education	3	HEE 310 – Methods of Adapted HE	3
KIN 210 – Principles of Strength and Conditioning	3	KIN 320 – Exercise Physiology	4
University Core (IA/IH/IN)	3	Electives	3
Electives	1		
Apply to the Teacher Education Program			

Senior Year

Fall		Spring	
Course	Cr	Course	Cr
EDM 406 – Methods: 5-12 Health Enhancement	3	EDU 495R – Student Teaching (K-8)	6
KIN 440R – Sports Psychology	3	EDU 495R – Student Teaching (5-12)	6
Electives	9		
Submit Applications for Student Teaching & Graduation			
		Total Credits:	120+

IMPORTANT NOTES (PLEASE READ BELOW)

Health Enhancement Timeline

- Teacher Education Program Application
(TEP)Teacher Program Entrance DONE BEFORE EDM 306/406 _____
- Praxis Test
also complete for minor..... PASS PRIOR TO STUDENT TEACHING _____
- Student Teaching Application
attend seminar for informationONE YEAR PRIOR TO STUDENT TEACHING . _____
- Graduation Papers and DegreeWorks Final Plan completed**
EHHD Advising TWO SEMESTERS PRIOR TO STUDENT TEACHING _____

** If change occurs in schedule after papers are completed an add/drop memorandum must be completed.

Grade Requirements for Graduation

- A. Grades must be a “C” or above in ALL required classes.**
- B. Students must have a minimum 3.0 cumulative GPA for acceptance into the Teacher Education Program.

Check List for Graduation

- 1. Minimum credits required for graduation: **120** _____
- 2. Upper Division courses (300 & above): **42** _____
- 3. University Core completed: _____
- 4. Graduation application completed:..... _____