

MSUASC Monthly Meeting Agenda
August 17, 2022 SUB 168 9:00 - 11:00 a.m.

All Staff Council Membership:

Beverly Garrison, Chair - P	Chair Elect (Vacant)	Julie Clay, Past Chair - P
Nicky Lowry, DEI Chair - P	Mel Turney, Governance Chair - P	Susie Beardsley, Professional Dev. Chair - P
Molly Lammers, Special Events Chair - A	Alisha Downs, DEI Member - P	Abbey Holm, DEI Member
Aurora Dreyer, Governance Member	Katherine Foster, Governance Member - A	Shawn Hudson, Professional Dev. Member - P
Holly Hillis, Professional Dev. Member	Mariah Stoppolecamp, Special Events Member - P	Danica Weitz, Special Events Member
Victoria Stallings, ADA Advisory Committee - P	John Ooley, Budget Council - P	Polly Kogel, Campus Sustainability (CSAC)
McKenna Christensen, Classroom Committee	Jonathan Dove, Outreach & Engagement - P	Patrick Baciuc, Parking Appeals
Rose Dormanen, Gender Equity Alliance - P	Julie Brown, Personnel Board, MUSSA- P	Kristin Blackler, Planning Council - A
Cori Huttinga, Public Arts & Artifacts- P	Tara Sadera, Rec. Sports & Fitness Advisory - P Board	Elizabeth Olson, Research Council - P
Kimberly Hilmer, Space Management - A	Stephanie Breen, Transportation Advisory Comm. - P	Evan Greenwood, UFPB - P
Genevieve Burmeister, General Member	Kayla Lee, General Member - P	n/a, General Member
Lisa Yarnell, Member-at-Large - A		Program Coordinator (Vacant)

I. **Call to Order** – Meeting called to order by Beverly Garrison.

II. Approval of Minutes

- a. 07.20.2022 minutes
- b. Julie Brown made a motion to approve the minutes.
- c. Cory Huttinga seconded the motion.

III. **Public Comment** – No public comment.

IV. Announcements

- a. We have a new member – Kayla Lee. She is replacing Marissa Cheplick

V. New Business

The Guest Speaker is MSU Wellness – *Neal Andrews, Exercise & Fitness Specialist.*

- a. Discover great health with MUS Wellness!
- b. Virgin Pulse is our new provider and replaces Limeade. They have an app for your phone if you do not like using the computer version.
- c. New to the program:
 - a. Retirees
 - b. Spouses
 - c. Invited friends and family
- d. Whil has been rebranded at ReThink Care.
- e. Don't forget about the EAP Program that provides up to 4 appointments per individual per incident.
- f. Departmental Awards
 - a. Recognize departments within the MUS that actively promote a healthy work environment for employees.
 - b. More group challenges!
- g. Wellness Champion – Join the team and help promote Wellness on our campus and within your department.
- h. Well Checks – Preventative Health Screenings
- i. Wellness Education – Webinars, Workshops, and online resources.
- j. Take Control Program – Health Coaching Services to manage chronic diseases or risk conditions such as high blood pressure, high cholesterol, diabetes, obesity, and tobacco cessation.
- k. Wellbaby – a special program, for expectant mothers and families that provides excellent resources and can help save on the costs associated with childbirth and pregnancy.

IMPORTANT LINKS:

www.wellness.mus.edu

<https://montanamovesandmeals.com/>

<https://vimeo.com/muswellness>

https://wellness.mus.edu/Incentive_Program.html

VI. Previous Business

- a. Project Team for Staff Appreciation – *Julie Clay & Julie Brown*
 - i. *Elizabeth Olsen moved to approve this project this year.*
 - ii. *Julie Brown seconded the motion.*
 - iii. *Motion passes.*
- b. Project Team for New Staff Welcome Gift – *Susie Beardsley*
 - i. *Julie B moved to create and approve this new project.*
 - ii. *Elizabeth seconded the motion.*
 - iii. *Motion passes.*
- c. Project Team for Random Acts of Appreciation – *Beverly Garrison*
 - i. *Jerry moved to create and approve this project for this year*
 - ii. *Julie Brown seconded the motion*
 - iii. *Motion passes*
 - iv. *Tory Stallings to become the chair of this project.*
- d. Project Team for Newsletter – *Beverly Garrison*
 - i. *Susie Beardsley moved to create and approve the project this year*
 - ii. *Mel Turney seconded the motion*
 - iii. *Motion passes*
 - iv. *Elisabeth Olsen to help the Past Chair this fall.*
 - v. *Mel Turney to train on CMS and start with Elisabeth in January.*
 - vi. *Julie Clay to retire from Newsletter in early Spring of 2023.*

VII. President’s Meeting Update – Beverly Garrison

- a. Beverly did not meet with the President before this meeting.

VIII. MUSSA Information – Julie Brown

- a. No MUSSA meeting. There will be a meeting in August; elections for this next year will be held.

IX. Informational Items

Next Meeting: September 21, 2022, in SUB 235