

MONTANA'S OWN

Graduate with Purpose

Montana State University



Preparing for Lives & Careers of Purpose

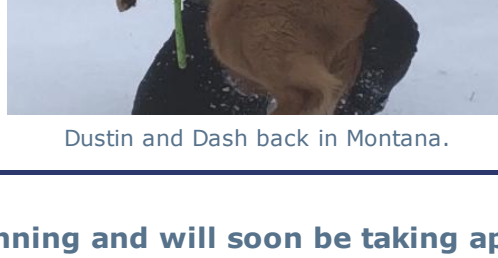
March 20, 2023

Success Tip of the Week

Meet YOUR new Success Advisor... Dustin Dallman

Hey everyone. My name is Dustin. I'm an MSU alumnus (Class of 2014) with deep roots in Montana, especially in Bozeman and Billings. I come from a working-class background and struggled in high school, so I was thrilled when I first learned I'd been admitted to MSU. My experiences here in college ended up changing my life. After finishing B.A.s in English and philosophy, I spent a decade in Chicago and New York completing a Ph.D. in philosophy.

Both Chicago and New York are beautiful cities, but I missed my family in Montana, as well as the beautiful views, and the trips to Cafe Zydeco, so I decided to return to Bozeman. I now work as a full-time Success Advisor for students in the Montana's Own and 1893 scholarship programs and sometimes teach courses in philosophy on campus. I'll look forward to meeting all of you!



Dustin and Dash back in Montana.

Dustin is hitting the ground running and will soon be taking appointments through CatTracks. He will be available to you for general success advising and will also work with you on goal setting, finding meaning and purpose in your studies and future career, and other tools you can use to make the most of your last semesters at MSU.

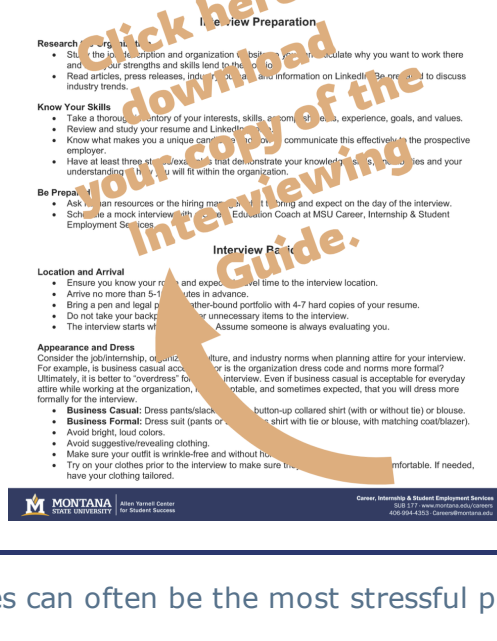
Stop into SUB 177 and introduce yourself or call (406.994.2609) or email Dustin for an appointment.

[See a Success Advisor!](#)

Careers Tip of the Week

You have a great resume and cover letter - now it's time to focus on the INTERVIEW.

Scoring an interview is only half the battle - now you need to WOW them in person. The Career Coaches at AYCSS have developed mock interview sessions that will help prepare you for all aspects of the interview process - things like researching the organization, your appearance, your body language, what to do after the interview, and so much more.



The interview questions themselves can often be the most stressful part of the interview. Some of the most common types are:

- ⇒ **"Tell me about yourself."**
- ⇒ **Behavioral questions** - these are the ones that often begin with "Tell me about a time when..."
- ⇒ **"What are your strengths & weaknesses?"**
- ⇒ **Situational questions** - these are the ones where the interviewer will ask you how you would respond to a particular situation.
- ⇒ **Questions YOU ask the interviewer.**

These questions can be daunting if you are not properly prepared for them. The good news is there are many Career Coaches on hand to work with on these and many more strategies that will help you ace your interview. [Make an appointment for a mock interview today!](#)

[See a Career Coach!](#)

Finance Tip of the Week

Interviewing for jobs and internships? Make sure you can NEGOTIATE when you get the offer.

First, some facts:

62% of recent graduates did not negotiate their salary.

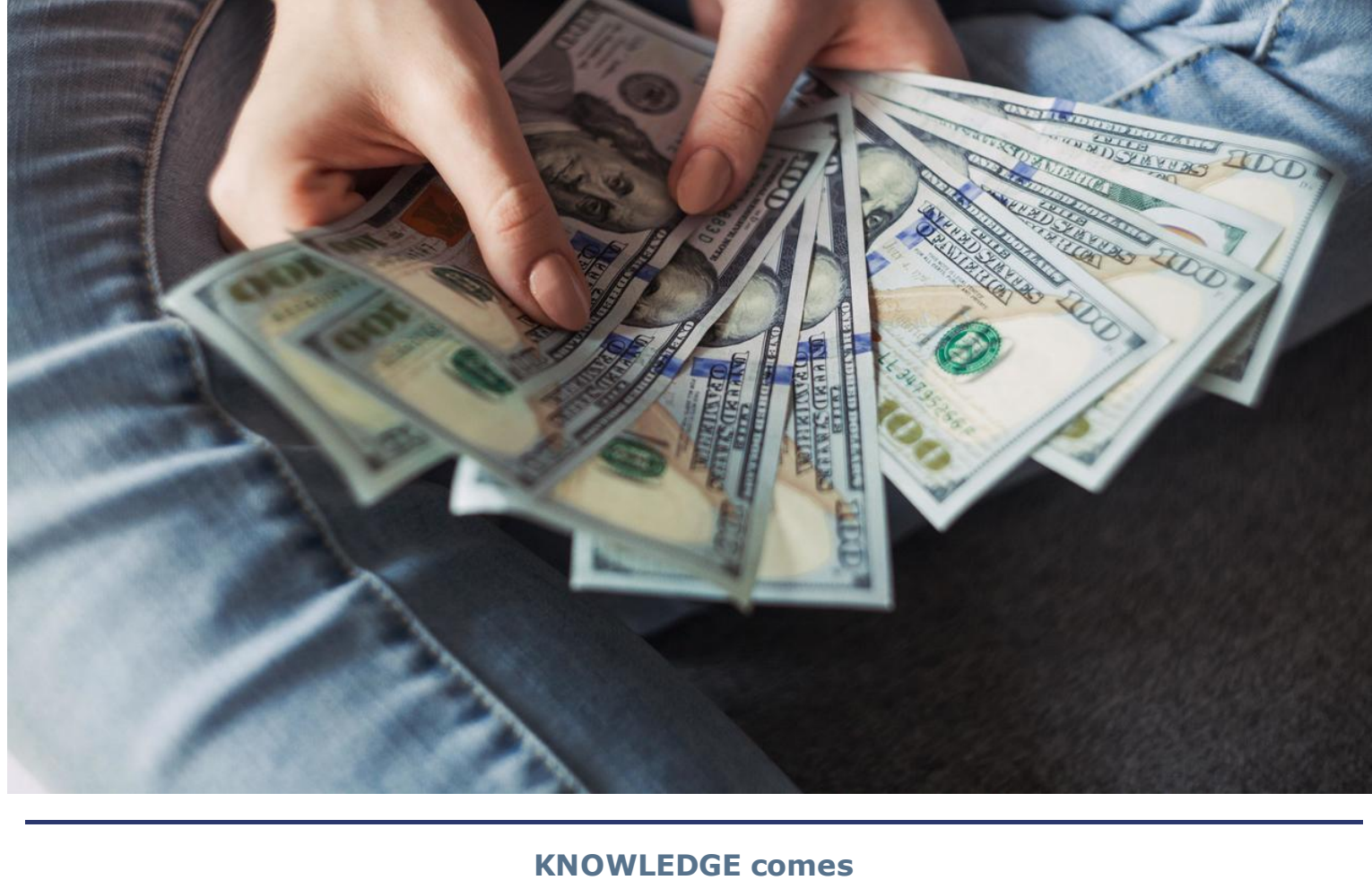
80% of grads who negotiate are at least partially successful.

84% of employers said a candidate is not putting their offer at risk by negotiating.

75% of employers reported that they had room to increase the initial salary offered.

Men negotiate about 70% of the time, while **women negotiate** less than 50% of the time.

These facts tell us that **KNOWLEDGE is POWER!**



KNOWLEDGE comes from RESEARCH!

Here are some ways you can gain the knowledge you need to be a successful negotiator:

Research "average" salaries for your "job type" EVEN BEFORE your first interview. You can research [usajobs.gov](https://www.usajobs.gov), [glassdoor.com](https://www.glassdoor.com) or [salary.com](https://www.salary.com).

Research the potential cost of living for the city/state you're applying for a job in. Some useful sites are: [areavibes.com](https://www.areavibes.com), [money.cnn.com](https://www.money.cnn.com), or [paycheckcity.com](https://www.paycheckcity.com).

Learn even more research and negotiating tips by making an appointment with the [Office of Financial Education](#) today!

[See a Financial Coach!](#)

Wellness Tip of the Week

FEATURED RESOURCE

MSU ASSIST: Mental Health & Crisis Resources

The second half of the semester is here and, with it, may come stress and struggles as exams and projects ramp up. So, now is the time to check in on your own and your friends' /peers' mental health. **MSU ASSIST** is a great resource to help you do just that. If we all keep our eyes open, we can help each other recognize signs of distress and get everyone the help they need.



The information on this page is so easy to access - it is divided into four sections:

- SEE** - Recognize the emotional and physical signs of someone who may be struggling or in distress.
- SUPPORT** - Learn tips and to determine the most appropriate ways to support someone; learn how to ask questions and start a conversation.
- REFER** - Learn where to send friends or peers in a crisis or for basic support services on campus.
- RESOURCES** - See a list of resources for emergency, urgent, and campus resources.

The [additional resources section](#) is especially robust, with links to [substance use resources](#), [violence prevention resources](#), [Koru Mindfulness Training](#), [Outdoor Recreation](#), and so much more.

Stay safe and healthy everyone!

[Find More Resources!](#)

What's New This Week?

Challenge of the Week

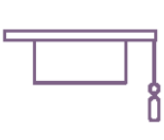
Know your NACE

Consider these stats:

46.9% of employers rate students as very/extremely proficient in communication.

79.7% of students rate themselves as very/extremely proficient in communication.

Recent research shows there is a disconnect between students and employers when it comes to how career-ready college grads really are. But by studying the eight [NACE \(National Association of Colleges and Employers\) Competencies for a Career-Ready Workforce](#), we are able to see where we may need improvement.



Career & Self Development

Proactively develop oneself and one's career through continual personal and professional learning, awareness of one's strengths and weaknesses, navigation of career opportunities, and networking to build relationships within and without one's organization.



Communication

Clearly and effectively exchange information, ideas, facts, and perspectives with persons inside and outside of an organization.



Critical Thinking

Identify and respond to needs based upon an understanding of situational context and logical analysis of relevant information.



Equity & Inclusion

Demonstrate the awareness, attitude, knowledge, and skills required to equitably engage and include people from different local and global cultures. Engage in anti-racist practices that actively challenge the systems, structures, and policies of racism.



Leadership

Recognize and capitalize on personal and team strengths to achieve organizational goals.



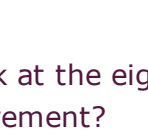
Professionalism

Knowing work environments differ greatly, understand and demonstrate effective work habits, and act in the interest of the larger community and workplace.



Teamwork

Build and maintain collaborative relationships to work effectively toward common goals, while appreciating diverse viewpoints and shared responsibilities.



Technology

Understand and leverage technologies ethically to enhance efficiencies, complete tasks, and accomplish goals.

1. Look at the eight competencies above. Where do you feel you do well? Where do you see room for improvement?
2. What are some ways you can beef up some of your lower-rated competencies? What role would the following play: an on-campus job, an internship, volunteer or join a club, engage more in classes, attend networking events?
3. What is one thing you can do THIS WEEK that would help you be more competent in one or more of the eight areas?

[Check out the NACE workshop Scholars participated in last year.](#)

Make sure you get all the classes you need - register on your first day of eligibility.

Summer/Fall 2023 Registration Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
March 27	March 28	March 29	March 30	March 31
Current Graduate Students, Post-Baccalaureate Students and Seniors with 109 and above earned credits	Seniors with 100 to 108 earned credits	Seniors with 90 to 99 earned credits	Juniors with 76 to 89 earned credits	Juniors with 70 to 75 earned credits
April 3	April 4	April 5	April 6	April 7
Juniors with 60 to 69 earned credits	Sophomores with 47 to 59 earned credits	Sophomores with 40 to 46 earned credits	Sophomores with 30 to 39 earned credits	University Day No Classes Offices Open
April 10	April 11	April 12	April 13	
Freshmen with 22 to 29 earned credits	Freshmen with 12 to 21 earned credits	Freshmen with 0 to 11 earned credits	Open Registration	

More Resources for Scholars

All Montana's Own Scholars receive free, unlimited tutoring!

[Find your class today.](#)

See all the upcoming Montana's Own [activities and events](#)

on the online calendar.

See [resources and materials](#) just for Montana's Own Scholars.

The Montana's Own Scholarship Program is sponsored by Patt and Terry Payne.

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