

For a full list of disposal options, including what is safe to flush, visit bit.ly/2M2Lh81

Disposal pouches are another safe way to dispose of medications. Simply drop your medications into the bag, add water, let the bag breathe for 30 seconds, then seal and throw away in the household trash. This process neutralizes the medications so chemicals aren't going into waterways, and so people cannot abuse them. This is especially convenient for those who cannot drive.



Find your nearest take back box and bring your unused medications to it, removing them from your household and preventing them from getting into the wrong hands! To find a box nearest you, visit bit.ly/2MGXBLD



Proper Disposal of Opioids

What are opioids?

Opioids are a class of drugs that include pain relievers available legally by prescription, the illegal drug heroin, and synthetic opioids such as fentanyl.

Some Common Prescription Opioids (generic and brand names)

- Codeine
- Diphenoxylate (Lomotil®)
- Fentanyl
- Hydrocodone (Vicodin®)
- Methadone
- Morphine (Kadian®, Avinza®)
- Oxycodone (OxyContin®, Percocet®)
- Oxymorphone (Opana®)

Signs of an Opioid Overdose

- Slow, shallow breathing
- Clammy skin
- Convulsions
- Respiratory depression & arrest (stops breathing)
- Coma
- Death

Need help? If this is an immediate emergency, call 911. To find a treatment center visit samhsa.gov, call 211 to find local support or text MT to 741741 to reach the Crisis Text Line.